

■ In-SHUCK-ch Days

In-SHUCK-ch Days Updates



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It's August, which means it is the month of In-SHUCK-ch Days! I hope you all are as excited as I am for In-SHUCK-ch Days.

In-SHUCK-ch Days will run on the weekend of August 21 and 22. The festival is free of cost, open to everyone, and will provide meals. There are going to be lots of cultural activities, workshops and demonstrations such as drumming, dancing, Xúsum ice cream making, cedar root weaving, cedar bark weaving, bone games, wood carving, storytelling, dream catcher making, crafts, traditional medicine, and Ucwalmícwts activities.

There are going to be some youth activities which include a youth archery workshop and youth motivational workshop with Damian Abrahams from the Lead Your Way! mentorship program (from the National Aboriginal Health Organization). There are going to be activities for younger children, too, in the Kids Zone (*Please note: the Kids Zone provides activities for children but it is not a daycare service).

There is also going to be a Career & Education Fair, information booths, and local vendors/artisans. We will also be acknowledging the participants of the Siq'úta Program 2010 with a Dancers Introduction



Above: The New 2010 In-SHUCK-ch days T-shirt design!

and Recognition Ceremony on Saturday and a New Drum Ceremony on Sunday. Community Awards are going to be given out on Saturday, which will recognize nominated community members for their accomplishments and dedication.

There is going to be music performances as well: **Damian Abrahams**, who will be running the youth workshop, will be sharing some of his songs from Haida Gwaii; **Kalan wi** will be performing their hand drumming infused with reggae and traditional language; and, **Road Engine Dreams** will be rocking out the later hours of Saturday night.

Drum Making: This year there is also going to be an opportunity for 15 people to make drums. When you get your entrance tickets, you will be able to enter a draw to make a drum. The draw will be made at 1:00 on Saturday during lunch. Then, the winners will have the afternoon to make their drum and they will participate in the New Drum Ceremony on Sunday. Make sure you arrive for lunch if you want

to be entered into the draw to make a drum!

T-Shirts & Water Bottles: We will be selling In-SHUCK-ch Days t-shirts and water bottles. This year there is a new and fun design for the t-shirts. Volunteers and Watchmen will be getting a free t-shirt for helping out.

Volunteers: In-SHUCK-ch Days would not be possible without volunteers. Any time and help you have to offer would be really appreciated. If you are available to volunteer, please make sure you fill out a Volunteer Application form and return it to Katherine or Kelly as soon as possible.

Vendors: Please make sure you fill out a Vendor Booth Application form and return it to Katherine or Kelly as soon as possible. We need to know that you are coming so we can set up a space for you!

We are also doing an evaluation of In-SHUCK-ch Days, and it will be very helpful to hear your feedback. There will be a survey and also other ways for you to express what In-SHUCK-ch Days means to you. We would really appreciate hearing your thoughts.

Lastly, I want to extend my thanks to all the community members who have made suggestions for In-SHUCK-ch Days, to all the activity leaders for their help, and to all the sponsors and donators for their support.

Sima7 wi snek'wnuk'wa7! Come together friends!
See you at In-SHUCK-ch Days!

In-SHUCK-ch Days Agenda

Saturday, August 21 (10am-11pm)

- 10:00am Opening Ceremony & Breakfast
- 11:00am Drumming
- 11:30am Damian Abrahams Performance (from Haida Gwaii)
- 12:00pm Lunch
- 1:00pm Drum Raffle
- 1:30pm Xusum Ice Cream Making & Contest
- 2:00pm Cedar Root Weaving Demo
- 2:30pm Youth Archery Workshop
- 2:30pm Ucwalmicwts Presentation
- 3:00pm Bone Game
- 3:30pm Lead Your Way! Youth Workshop with Damian Abrahams
- 3:30pm Traditional Medicine Workshop
- 4:00pm Ucwalmicwts Bingo
- 4:30pm Siq'uta Recognition & Introduction Ceremony
- 6:00pm Dinner
- 7:00pm Community Awards
- 7:30pm Raffles
- 8:00pm Closing Prayer
- 9:00pm Music Performance: Kalan wi
- 10:00pm Music Performance: Road Engine Dreams

Activities Running All Day

- 10:00am-6:00pm**
 Kids Zone (Colouring, Crafts, Drumming, Face Painting, Storytelling, Mini Canoe Races)

- 1:30pm-4:30pm**
 Drum Making
 Wood Carving
 Cedar Bark Weaving
 Crafts

- 1:00pm-6:00pm**
 Info Booths
 Career & Education Fair

Sunday, August 22 (9am-1pm)

- 9:00am Opening & Breakfast
- 10:00am Drumming
- 10:30am Nature Walk for Medicinal Plants
- 10:30am Bone Game
- 11:00am Language Bingo
- 11:30am New Drum Ceremony
- 12:00am Closing Ceremony
- 12:30am Lunch

Activities Running All Morning

- 10:00am-12:00pm**
 Kids Zone (Colouring, Crafts, Story Telling)

- 10:00am-12:00pm**
 Drum Making
 Crafts

Below: Road Engine Dreams will be performing and bringing a message of hope to In-SHUCK-ch Days on August 21st.

Performing at In-SHUCK-ch Days

(R.E.D.) Road Engine Dreams...A message of hope through music. Music is the engine that propels this rugged band down a road where they can overcome adversity and realize their dreams.

With a solid group of dedicated fans and regular appearances on local radio, television shows, and the North American festival circuit, R.E.D. is poised to explode onto the mainstream music scene and take their message of strength and transcendence to the world at large.

Motivated by the crazy rush they get from a live show, R.E.D. plays every chance they get – Their self-titled debut CD – recorded at Fortissimo Sound and engineered by Doug Fury. Drums recorded at Blue Wave Studios in Vancouver, produced by Shawn Cole and engineered by Joel Stratton – is available online at HMV.ca, indiepool.com, amazon.ca, mtracks.com, and on iTunes.



In-SHUCK-ch Days



Above: Damian Abrahams will be leading a youth workshop at this year's In-SHUCK-ch days.

Lead Your Way - with Damian Abrahams

Dedicated, Honest, Respectful

Damian started his life in British Columbia. He was placed into foster care at a young age, and in his teenage years became a drug dealer and was addicted to crystal meth.

After five years of this lifestyle and two hard years living on the street, Damian wanted change.

When he signed himself into an Aboriginal based treatment center in

St. Albert, Alberta, Damian started to re-learn his cultural traditions.

Building on his success, Damian went back to high school, graduated and is ready to start a third year of a Bachelor of Arts program at Concordia University College of Alberta in Edmonton.

Damian was instrumental in establishing Wicihitowin's Aboriginal Youth Community Circle.

At 27-years-old, he facilitates workshops that shed light on childhood abuse and has presented at various conferences.

Damian says, "T'alang gal isdaalsaang – We will lead the way!"

Mission Community Library Events for August



Summer Reading Club wraps up in August. Don't miss these exciting events:

Super Weirdo, a hilarious comedy juggling show, on Wednesday, August 11, 3:30-4:30pm

Stories at the Market on Saturday August, 10:30-11am

Summer Baby Days on Tuesday August 17 from 10:30-11am

Book Picnics continue on Fridays until August 20, 10:30-11:15am

Musician Will Stroet winds up Summer Reading Club on Wednesday August 25, 3:30-4:30pm

Teen Summer Wrap-up Party for ages 12-18 on Thursday August 26, 2:30-4:00pm

For more information, please call Mission Library, 33247 Second Avenue, at: **604-826-6610.**